

# ProCare Physical Therapy

19033 E. Plaza Drive  
Parker, CO 80134  
(303) 805-4497

## Confidential Massage Patient Information

Name \_\_\_\_\_ Home Phone \_\_\_\_\_ Work # \_\_\_\_\_

Address \_\_\_\_\_ City/Zip Code \_\_\_\_\_ Cell # \_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Marital Status \_\_\_\_\_ Spouse's Name \_\_\_\_\_

Occupation \_\_\_\_\_ Employer Name & Address \_\_\_\_\_

Social Security Number: \_\_\_\_\_ Emergency Contact Name and Phone #: \_\_\_\_\_

How did you hear about us?

Referral \_\_\_\_\_ By Whom? \_\_\_\_\_ Phone Book \_\_\_\_\_ Drive By \_\_\_\_\_ Other \_\_\_\_\_

Have you ever experienced a professional massage? \_\_\_\_\_ If so, when? \_\_\_\_\_

### **General Medical Information:**

Did you have a motor vehicle accident, a work comp injury, or chronic pain due to other circumstances? Please explain: \_\_\_\_\_

Describe any health condition(s) treated by a physician in the last year: \_\_\_\_\_

Please circle any of the following conditions that you currently have **OR** have had:

Atherosclerosis	Asthma	Blood Clots/Thrombosis	Blood Pressure—High or Low <small>(circle appropriate one)</small>
Blurred Vision	Bowel/Bladder	Broken Bones (last 3 yrs.)	Cancer
Chronic Pain	Currently Pregnant	Diabetes	Dizziness/Nausea
Fibromyalgia	Frequent Headaches	Heart Problems	Infectious Disease
Inflammation	Kidney Infection	Lupus	Multiple Sclerosis
Osteoporosis	Peritonitis	Repetitive Use Injury	Respiratory Problems
Rheumatoid Arthritis	Skin Infection	Skin Sensitivity	Stroke
Surgery (last 6 mos.)	TMJ	Traumatic Head Injury	Viral Infection

Explanations: \_\_\_\_\_

## Confidential Massage Patient Information (pg. 2 of 2)

Do you generally have tension or soreness in a specific area? If so where? \_\_\_\_\_

Are you very sensitive to touch or pressure in those, or any other areas? \_\_\_\_\_

Do you have numbness or stabbing pains anywhere? If so, where? \_\_\_\_\_

Do you have any other medical conditions that *ProCare* Physical Therapy should be aware of? \_\_\_\_\_

Please **read and understand** the following information and sign where indicated. If you have a specific medical condition or specific symptoms, massage may be contraindicated. A written referral from your primary care physician may be required prior to service being provided.

I understand that the massage (s) I receive are provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during any session, I will immediately inform the practitioner so the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, specialist for any mental or physical ailment that I am aware of. I understand that massage practitioners are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat any physical or mental illness, and that nothing said in the course of any session given should be construed as such. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly. I agree to keep the practitioner updated as to any changes in my medical profile and understand that there shall be no liability on the practitioner's part should I forget to do so. It is also understood that any illicit or sexually suggestive remarks or advances made by me will result in immediate termination of any session, and I will be liable for payment of the full scheduled appointment.

Patient Signature \_\_\_\_\_ Date \_\_\_\_\_

Practitioner Signature \_\_\_\_\_ Date \_\_\_\_\_

Consent to treatment of a minor: By my signature below, I hereby authorize \_\_\_\_\_ to administer massage therapy to my child or dependent as they deem necessary.

Signature of Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_